**KINDERGARTEN LESSONS**

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| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | CS4: Communicate effectively using oral, written, and listening communications skillsAA2: Display positive attitude toward work and learningAA5: Model a sense of belonging in the school environment | Listening Skills |
| OCTOBER | AE1: Experience academic growth and successAS2: Display a positive attitude toward work and learningSS8: Persevere through challenges to achieve goals.  | Perseverance |
| NOVEMBER | CS3: Utilize internal and external resources to manage transitions and adapt to changing situations/responsibilitiesCK2: Articulate how personal abilities, skills, interests, and motivations influence values, choices, and plansCE1: Participate in career and postsecondary institution exploration activities | When I grow up |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skillsSS5: Exercise personal safety skills, including refusal skills | Erin’s Law |
| JANUARY | Lesson based on needs assessment data | Friendship (?) |
| FEBRUARY | SE4: Create and sustain positive, supportive, and appropriate relationships with peers and adults that support successSS3: Demonstrate empathy toward others | Bully Blockers |
| MARCH | SK2: Compare and contrast healthy and unhealthy behaviorsSK3: Distinguish appropriate behaviors for a variety of settings and situation | Tattle Tongue |

**FIRST GRADE LESSONS**

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| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards)  | Counselor Intro |
| SEPTEMBER | AS3: Develop and practice effective technology skillsAS4: Utilize resource to overcome barriers to learningAS7: Demonstrate critical thinking and decision making skills to make informed decisions | Internet Safety |
| OCTOBER | AA1: Improve academic self-conceptCK3: Articulate the important of responsibility, dependability, punctuality, integrity, and effort in the workplace | Responsibility |
| NOVEMBER | SS4: Effectively collaborate with others, cooperate with diverse perspectives, and communicate effectively in a variety of situationsSE2: Work effectively in diverse groups by developing and employing leadership and teamwork skills | Teamwork |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skillsSS5: Exercise personal safety skills, including refusal skills  | Erin’s Law |
| JANUARY | CK1: Research and appraise characteristics of a variety of traditional and nontraditional occupationsCA1: Develop and articulate postsecondary education and career aspirationsCA2: Articulate the career development occurs across the lifespan | Career |
| FEBRUARY | SA3: Respect diversity in culture, perspectives, values, and experiencesSA4: Recognize each person is a part of a diverse local and global community | Feelings |
| MARCH | Lesson based on needs assessment data | Conflict Resolution (?) |

**SECOND GRADE LESSONS**

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| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | AS1: Use test-taking, time management, organizational, and study skills to improve academic achievementAS6: Set, evaluate progress toward, and achieve long and short term goalsAA3: Develop high expectations for achievement | Goal Setting |
| OCTOBER | AK2: Describe the benefits of education for career, life management, and personal and professional satisfactionCA3: Reflect on progress toward goals, display a growth mindset, and accept feedback to improve knowledge, skills, and abilities in order to meet goalsAA4: Apply self-motivation and self-direction to learning | Growth Mindset |
| NOVEMBER | CE4: Participate in college and career assessmentsAA6: Build aspirations for postsecondary education and trainingAK3: Articulate belief that postsecondary education and life-long learning are necessary for long-term career successCS1: Develop skills to locate, evaluate and interpret career information | Career |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skillsSS5: Exercise personal safety skills, including refusal skills  | Erin’s Law |
| JANUARY | SA1: Develop positive attitudes toward self as a unique and worthy personSA2: Develop positive attitudes toward others as unique and worthy peopleSE3: Explore cultural, ethnic, philosophical, or demographical differences in a safe, positive, and nurturing environment  | Self-Esteem |
| FEBRUARY | SS7: Positively manage behavior and choices by applying self-discipline and self-controlSS9: Select and utilize appropriate coping skills in the face of a specific challenge | Anger/Interrupt/Tattling |
| MARCH | SS6: Assume responsibility for choices and consequences | Conflict Resolution |

**THIRD GRADE LESSONS**

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| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | AA1: Improve academic self-conceptAA5: Model a sense of belonging in the school environmentAS2: Display a positive attitude toward work and learningAS6: Set, evaluate progress toward, and achieve long and short term goals | Goal Setting |
| OCTOBER | CS4: Communicate effectively using oral, written, and listening communications skillsSS1: Make ethical decisions and practice social responsibility | Emotions |
| NOVEMBER | CK3: Articulate the important of responsibility, dependability, punctuality, integrity, and effort in the workplaceCE1: Participate in career and postsecondary institution exploration activitiesCE4: Participate in college and career assessmentsCA2: Articulate the career development occurs across the lifespan | Career |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skillsSS5: Exercise personal safety skills, including refusal skills  | Erin’s Law |
| JANUARY | SA1: Develop positive attitudes toward self as a unique and worthy personSS3: Demonstrate empathy toward othersSE3: Explore cultural, ethnic, philosophical, or demographical differences in a safe, positive, and nurturing environment | Self-Esteem  |
| FEBRUARY | AE1: Experience academic growth and successAE2: Engage and persevere in challenge courseworkSS8: Persevere through challenges to achieve goals | Perseverance |
| MARCH | Lesson based on needs assessment data |  |

**FOURTH GRADE LESSONS**

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| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | AA2: Display positive attitude toward work and learningAA4: Apply self-motivation and self-direction to learning | Goal setting/Growth Mindset |
| OCTOBER | SS7: Positively manage behavior and choices by applying self-discipline and self-controlSK2: Compare and contrast healthy and unhealthy behaviorsCS3: Utilize internal and external resources to manage transitions and adapt to changing situations/responsibilities | Coping Skills |
| NOVEMBER | CS1: Develop skills to locate, evaluate and interpret career informationCA1: Develop and articulate postsecondary education and career aspirationsCK1: Research and appraise characteristics of a variety of traditional and nontraditional occupationsCK2: Articulate how personal abilities, skills, interests, and motivations influence values, choices, and plans | Career |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skillsSS5: Exercise personal safety skills, including refusal skills  | Erin’s Law |
| JANUARY | SA2: Develop positive attitudes toward others as a unique and worthy peopleSA3: Respect diversity in culture, perspectives, values, and experiencesSA4: Recognize each person is a part of a diverse local and global community | Tolerance |
| FEBRUARY | SK3: Distinguish appropriate behaviors for a variety of settings and situationsSS4: Effectively collaborate with others, cooperate with diverse perspectives, and communicate effectively in a variety of situations | Conflict Resolution |
| MARCH | AS1: Use test-taking, time management, organizational, and study skills to improve academic achievementCA3: Reflect on progress toward goals, display a growth mindset, and accept feedback to improve knowledge, skills, and abilities in order to meet | Test Taking |

**FIFTH GRADE LESSONS**

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| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | AA3: Develop high expectations for achievementAS4: Utilize resource to overcome barriers to learningAS7: Demonstrate critical thinking and decision making skills to make informed decisions | Learning Styles |
| OCTOBER | CK4: Research and summarize the education and training needed to achieve specified career goalsAA6: Build aspirations for postsecondary education and trainingAK2: Describe the benefits of education for career, life management, and personal and professional satisfactionAK3: Articulate belief that postsecondary education and life-long learning are necessary for long-term career success | College |
| NOVEMBER | AS3: Develop and practice effective technology skillsSS6: Assume responsibility for choices and consequencesSS10: Appropriately utilize social media to enhance learning, develop positive relationships, communicate, and engage in age appropriate entertainment | Social Media |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skillsSS5: Exercise personal safety skills, including refusal skills  | Erin’s Law |
| JANUARY | SK1: Develop and articulate personal values, attitudes, and beliefsSE2: Work effectively in diverse groups by developing and employing leadership and teamwork skills | Leadership |
| FEBRUARY | SE4: Create and sustain positive, supportive, and appropriate relationships with peers and adults that support successSS9: Select and utilize appropriate coping skills in the face of a specific challenge | Conflict Res |
| MARCH | Lesson based on needs assessment data |  |

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| INCORPORATE DURING A LESSON OR SCHOOLWIDE EVENT | **K-2** | **3-5** |
| AS5: Exhibit creativity |
| SE1: Participate in service projects, service learning, and/or philanthropic activities |