**KINDERGARTEN LESSONS**

|  |  |  |
| --- | --- | --- |
| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | CS4: Communicate effectively using oral, written, and listening communications skills  AA2: Display positive attitude toward work and learning  AA5: Model a sense of belonging in the school environment | Listening Skills |
| OCTOBER | AE1: Experience academic growth and success  AS2: Display a positive attitude toward work and learning  SS8: Persevere through challenges to achieve goals. | Perseverance |
| NOVEMBER | CS3: Utilize internal and external resources to manage transitions and adapt to changing situations/responsibilities  CK2: Articulate how personal abilities, skills, interests, and motivations influence values, choices, and plans  CE1: Participate in career and postsecondary institution exploration activities | When I grow up |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skills  SS5: Exercise personal safety skills, including refusal skills | Erin’s Law |
| JANUARY | Lesson based on needs assessment data | Friendship (?) |
| FEBRUARY | SE4: Create and sustain positive, supportive, and appropriate relationships with peers and adults that support success  SS3: Demonstrate empathy toward others | Bully Blockers |
| MARCH | SK2: Compare and contrast healthy and unhealthy behaviors  SK3: Distinguish appropriate behaviors for a variety of settings and situation | Tattle Tongue |

**FIRST GRADE LESSONS**

|  |  |  |
| --- | --- | --- |
| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | AS3: Develop and practice effective technology skills  AS4: Utilize resource to overcome barriers to learning  AS7: Demonstrate critical thinking and decision making skills to make informed decisions | Internet Safety |
| OCTOBER | AA1: Improve academic self-concept  CK3: Articulate the important of responsibility, dependability, punctuality, integrity, and effort in the workplace | Responsibility |
| NOVEMBER | SS4: Effectively collaborate with others, cooperate with diverse perspectives, and communicate effectively in a variety of situations  SE2: Work effectively in diverse groups by developing and employing leadership and teamwork skills | Teamwork |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skills  SS5: Exercise personal safety skills, including refusal skills | Erin’s Law |
| JANUARY | CK1: Research and appraise characteristics of a variety of traditional and nontraditional occupations  CA1: Develop and articulate postsecondary education and career aspirations  CA2: Articulate the career development occurs across the lifespan | Career |
| FEBRUARY | SA3: Respect diversity in culture, perspectives, values, and experiences  SA4: Recognize each person is a part of a diverse local and global community | Feelings |
| MARCH | Lesson based on needs assessment data | Conflict Resolution (?) |

**SECOND GRADE LESSONS**

|  |  |  |
| --- | --- | --- |
| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | AS1: Use test-taking, time management, organizational, and study skills to improve academic achievement  AS6: Set, evaluate progress toward, and achieve long and short term goals  AA3: Develop high expectations for achievement | Goal Setting |
| OCTOBER | AK2: Describe the benefits of education for career, life management, and personal and professional satisfaction  CA3: Reflect on progress toward goals, display a growth mindset, and accept feedback to improve knowledge, skills, and abilities in order to meet goals  AA4: Apply self-motivation and self-direction to learning | Growth Mindset |
| NOVEMBER | CE4: Participate in college and career assessments  AA6: Build aspirations for postsecondary education and training  AK3: Articulate belief that postsecondary education and life-long learning are necessary for long-term career success  CS1: Develop skills to locate, evaluate and interpret career information | Career |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skills  SS5: Exercise personal safety skills, including refusal skills | Erin’s Law |
| JANUARY | SA1: Develop positive attitudes toward self as a unique and worthy person  SA2: Develop positive attitudes toward others as unique and worthy people  SE3: Explore cultural, ethnic, philosophical, or demographical differences in a safe, positive, and nurturing environment | Self-Esteem |
| FEBRUARY | SS7: Positively manage behavior and choices by applying self-discipline and self-control  SS9: Select and utilize appropriate coping skills in the face of a specific challenge | Anger/Interrupt/  Tattling |
| MARCH | SS6: Assume responsibility for choices and consequences | Conflict Resolution |

**THIRD GRADE LESSONS**

|  |  |  |
| --- | --- | --- |
| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | AA1: Improve academic self-concept  AA5: Model a sense of belonging in the school environment  AS2: Display a positive attitude toward work and learning  AS6: Set, evaluate progress toward, and achieve long and short term goals | Goal Setting |
| OCTOBER | CS4: Communicate effectively using oral, written, and listening communications skills  SS1: Make ethical decisions and practice social responsibility | Emotions |
| NOVEMBER | CK3: Articulate the important of responsibility, dependability, punctuality, integrity, and effort in the workplace  CE1: Participate in career and postsecondary institution exploration activities  CE4: Participate in college and career assessments  CA2: Articulate the career development occurs across the lifespan | Career |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skills  SS5: Exercise personal safety skills, including refusal skills | Erin’s Law |
| JANUARY | SA1: Develop positive attitudes toward self as a unique and worthy person  SS3: Demonstrate empathy toward others  SE3: Explore cultural, ethnic, philosophical, or demographical differences in a safe, positive, and nurturing environment | Self-Esteem |
| FEBRUARY | AE1: Experience academic growth and success  AE2: Engage and persevere in challenge coursework  SS8: Persevere through challenges to achieve goals | Perseverance |
| MARCH | Lesson based on needs assessment data |  |

**FOURTH GRADE LESSONS**

|  |  |  |
| --- | --- | --- |
| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | AA2: Display positive attitude toward work and learning  AA4: Apply self-motivation and self-direction to learning | Goal setting/Growth Mindset |
| OCTOBER | SS7: Positively manage behavior and choices by applying self-discipline and self-control  SK2: Compare and contrast healthy and unhealthy behaviors  CS3: Utilize internal and external resources to manage transitions and adapt to changing situations/responsibilities | Coping Skills |
| NOVEMBER | CS1: Develop skills to locate, evaluate and interpret career information  CA1: Develop and articulate postsecondary education and career aspirations  CK1: Research and appraise characteristics of a variety of traditional and nontraditional occupations  CK2: Articulate how personal abilities, skills, interests, and motivations influence values, choices, and plans | Career |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skills  SS5: Exercise personal safety skills, including refusal skills | Erin’s Law |
| JANUARY | SA2: Develop positive attitudes toward others as a unique and worthy people  SA3: Respect diversity in culture, perspectives, values, and experiences  SA4: Recognize each person is a part of a diverse local and global community | Tolerance |
| FEBRUARY | SK3: Distinguish appropriate behaviors for a variety of settings and situations  SS4: Effectively collaborate with others, cooperate with diverse perspectives, and communicate effectively in a variety of situations | Conflict Resolution |
| MARCH | AS1: Use test-taking, time management, organizational, and study skills to improve academic achievement  CA3: Reflect on progress toward goals, display a growth mindset, and accept feedback to improve knowledge, skills, and abilities in order to meet | Test Taking |

**FIFTH GRADE LESSONS**

|  |  |  |
| --- | --- | --- |
| **MONTH** | **STANDARDS** | **TOPIC** |
| AUGUST | Introductions (Incorporate appropriate standards) | Counselor Intro |
| SEPTEMBER | AA3: Develop high expectations for achievement  AS4: Utilize resource to overcome barriers to learning  AS7: Demonstrate critical thinking and decision making skills to make informed decisions | Learning Styles |
| OCTOBER | CK4: Research and summarize the education and training needed to achieve specified career goals  AA6: Build aspirations for postsecondary education and training  AK2: Describe the benefits of education for career, life management, and personal and professional satisfaction  AK3: Articulate belief that postsecondary education and life-long learning are necessary for long-term career success | College |
| NOVEMBER | AS3: Develop and practice effective technology skills  SS6: Assume responsibility for choices and consequences  SS10: Appropriately utilize social media to enhance learning, develop positive relationships, communicate, and engage in age appropriate entertainment | Social Media |
| DECEMBER | SS2: Advocate for self in multiple settings using assertiveness skills  SS5: Exercise personal safety skills, including refusal skills | Erin’s Law |
| JANUARY | SK1: Develop and articulate personal values, attitudes, and beliefs  SE2: Work effectively in diverse groups by developing and employing leadership and teamwork skills | Leadership |
| FEBRUARY | SE4: Create and sustain positive, supportive, and appropriate relationships with peers and adults that support success  SS9: Select and utilize appropriate coping skills in the face of a specific challenge | Conflict Res |
| MARCH | Lesson based on needs assessment data |  |

|  |  |  |
| --- | --- | --- |
| INCORPORATE DURING A LESSON OR SCHOOLWIDE EVENT | **K-2** | **3-5** |
| AS5: Exhibit creativity | |
| SE1: Participate in service projects, service learning, and/or philanthropic activities | |